

Date:

Project Heart Start - Survey



Your Age _____ Gender: **M** or **F** (circle one) Your City: _____ Zip Code: _____

How did you hear about this training? (check all that apply)

Word of mouth _____ TV _____ Radio _____ Email _____ Poster/Flyer _____ Social Media _____ Newspaper _____

Overall value of this training was: Excellent _____ Good _____ Fair _____ Poor _____

Circle the letter next to the best answer:

1. If an adult or a teenager suddenly collapses in front of you, what should you do first?

- a. Call 911 and compress on the center of the chest 100 times per minute.
- b. Begin rescue breathing and compress on the chest 60 times per minute.
- c. Call 911.

2. With Compression-Only CPR it is no longer necessary to provide rescue breathing?

- a. Yes
- b. No

3. How many compressions per minute do you give during CPR?

- a. 60 to the beat of "Hungry Heart"
- b. 80 to the beat of "Total Eclipse of the Heart"
- c. 100 to the beat of "Stayin' Alive"

4. Where do you place your hands during CPR?

- a. On the breast bone (sternum) in the center of the chest between the nipple line.
- b. Between the collar bones.
- c. Just below the rib cage.

5. What is an AED (automated external defibrillator)?

- a. A machine that is used to shock the heart back to a normal rhythm.
- b. A machine that helps people breathe.
- c. A pacemaker for cardiac arrest victims.

6. I would be willing to perform CPR if I witnessed an adult or teenager suddenly collapsing.

- a. Yes
- b. No

7. I would be willing to perform the Heimlich maneuver if someone was choking and could not speak.

- a. Yes
- b. No

8. I would recommend this training to my friends.

- a. Yes
- b. No

9. How many times have you taken CPR training?

- a. This was my first time
- b. 1 - 2 times before
- c. Three or more times before

May we get in touch with you in the future to ask additional questions about this training? If so:

Email: _____ Phone: _____

Name _____

Thank you!