



N E W M E X I C O
HEART INSTITUTE
FOUNDATION



HEART START FACILITATOR – VOLUNTEER JOB DESCRIPTION

Project Heart Start (PHS) is dedicated to saving the lives of victims of out-of-hospital cardiac arrest through education of all capable citizens to perform the new CPR called compression-only CPR (COCPR) and to encourage and facilitate the placement and proper utilization of automated external defibrillators (AED).

Non-certification PHS training sessions are offered annually on Project Heart Start Day in June and throughout the year in schools, organizations and businesses. For the participant the training lasts only about 40 minutes and is divided into watching a 12 minute video, produced by KOAT and Dr. Barry Ramo, followed by a 15 minute skills session led by the facilitator and a short demonstration of an AED.

POSITION SUMMARY

The Heart Start Facilitator is responsible for teaching life saving skills (assessing a victim, calling 911, compression-only CPR and how to save a choking victim) to groups of 5-15 people in various settings and locations.

REPORTS TO: Foundation Project Coordinator

KEY RESPONSIBILITIES:

- Leads PHS skill sessions for groups of up to 15 at assigned times and locations.
- Assures that participants learn proper techniques.
- Coordinates with PHS Project Coordinator prior to each assignment regarding teaching materials, location and time of assignment.
- Assures that all participants fill out participant survey.
- Returns all materials to PHS Coordinator after the completion of the training.

QUALIFICATIONS:

Needed: Medical background (EMT, Firefighter, Nursing or student in any of these areas), a desire to teach, good communication skills.

Highly recommended: current CPR certification

Desired but not necessary: CPR instructor

TRAINING:

Required: View PHS Facilitator Training video (available online or as DVD).

Beneficial: Observe or participate in PHS training session prior to facilitating.

AVERAGE TIME COMMITMENT: 1 hour per session, number of sessions per year is flexible.

BENEFITS: Gain teaching experience, occasional CEUs available

